



AYPH key policy asks for young people's health

The Association for Young People's Health (AYPH) works to understand and meet the health and wellbeing needs of 10–25-year-olds.

There are over 12 million young people (10-24) in the UK, forming 18% of the population. We call for more focus on young people's health because of the dividends it would pay across the health system and into wider society. Adolescence is one of the most rapid and formative phases of human development. The distinctive physical, cognitive, social, emotional and sexual development that takes place during adolescence demands special attention in national policies, programmes and plans.

Drawn from AYPH's extensive work on young people's health these policy asks for the new Government have been informed by young people and professionals from across the young people's health field.

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